

CITIZENSHIP • GROWTH • MEMORIES CREATIVITY • LOYALTY • IMPACT DESIGN THINKING • INNOVATION PERSISTENCE• ACCOMPLISHMENT OUTREACH • FOUNDATION • SPIRIT PARENT PARTNERSHIP • LAUGHTER COMMUNITY • EXPLORATION • JOY PERFORMANCE • DESIGNOVATION DEVELOPMENT • EMPATHY • DELIGHT OF SAYING I CAN



A 2021 PLANNER

2020 brought many disappointments
But, Riversidians always look at the
brighter side and always work towards a
better tomorrow.

This planner will help you identify your goals and your inner peace. You will feel confident and hopeful.

You will say I CAN and you will be the change you want to see in yourself.

Every month explores a theme that will help you carry forward a better version of yourself. By the end of this planner and the next, you would have achieved more than imagined.



# January

Rediscover yourself and say goodbye to the dark days and bad times.



### January 2021

Friday	Saturday	Sunday	Monday	Tuesday
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Monday	Tuesday	Wednesday	Thursday	Friday
11	12	13	14	15
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Saturday	Sunday	Monday	Tuesday	Wednesday
16	17	18	19	20
Thursday	Friday	Saturday	Sunday	Monday
21	22	23	24	25
Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30
Sunday				



31

#### Name 10 things that surprised you about 2020

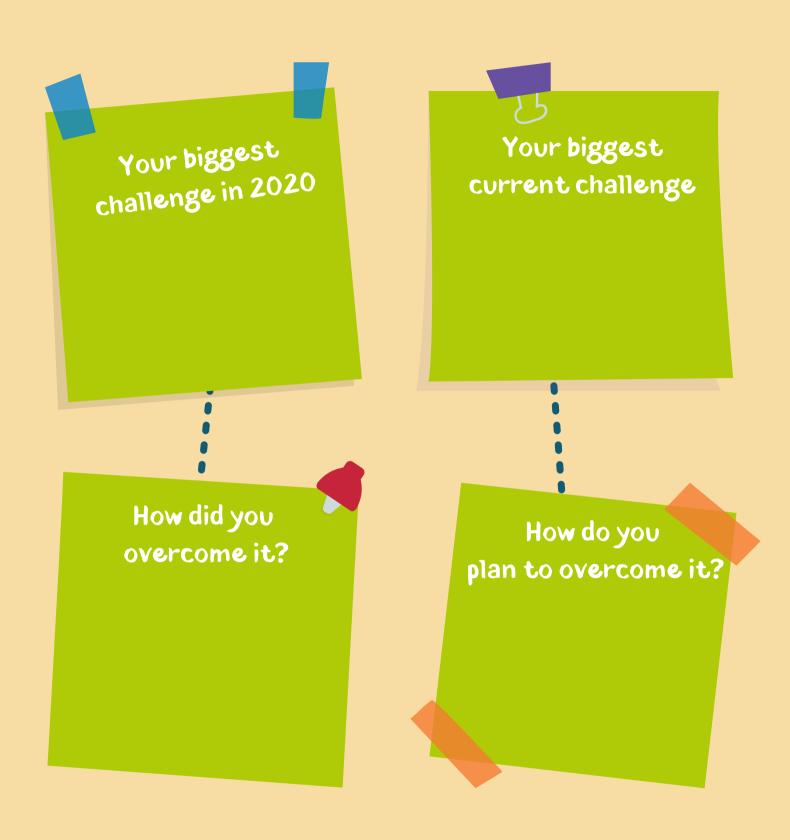
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#### Name 10 things you expected from 2020

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#### Color/write/illustrate your mood

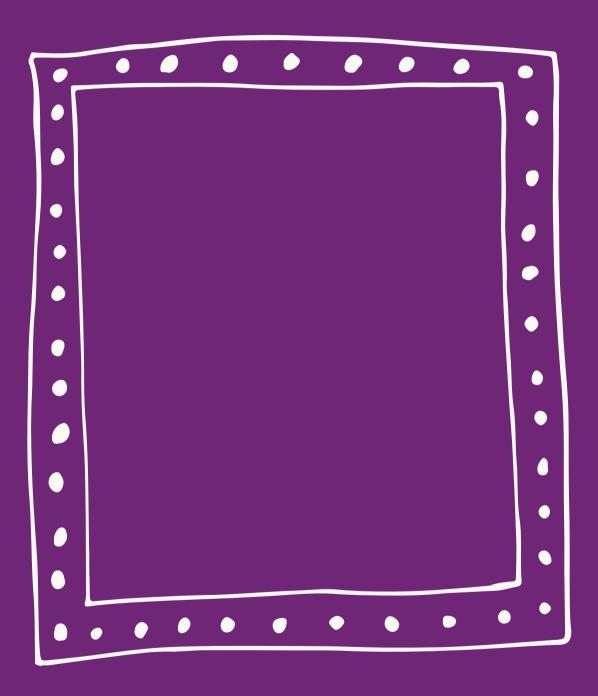


### List your source for the following words

Courage	Compassion
Faith	Strength
Hope	Happiness



#### Draw your current self





# Set a 20 mins timer. Scribble this page with every thought on your mind.



#### Take one thought from that page.

Redraw it here. Explain what it means.



# Understanding goals for 2021

### Throughlines for 2021



Apologize to yourself.

It's not your fault.

Things happen.





## Things I will not and cannot focus on anymore.

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## Create an identity T-shirt that describes the new you



# February

Now that January helped you rediscover yourself, it's time to focus and plan the year you want to remember forever. It's about vision and lots of dedication.

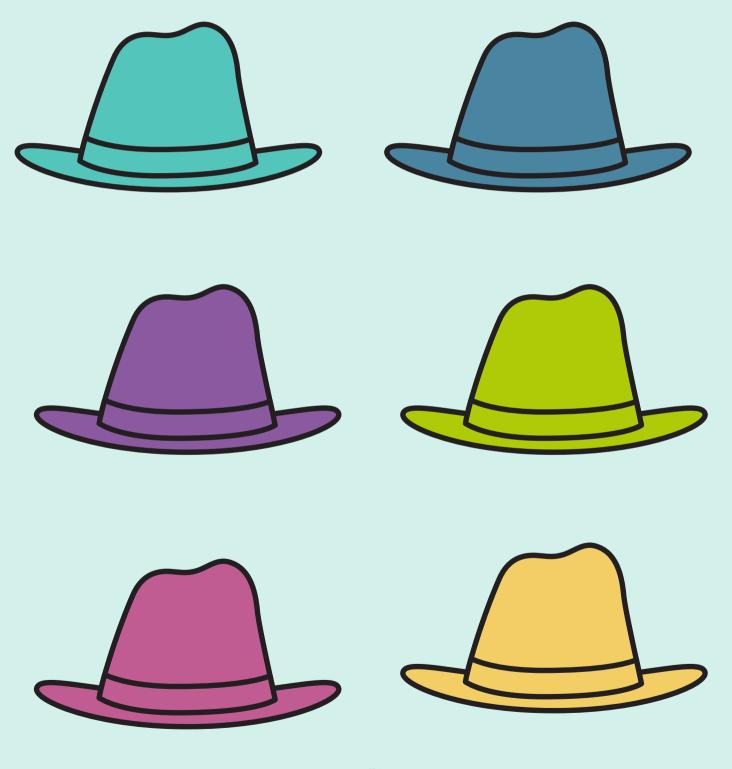


### February 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
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1 1			1 1	
1 1			1 1	
Thursday	Friday	Saturday	Sunday	Monday
11	12	13	14	15
1 1			1 1	
1 1			1 1	
Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20
1 1			1 1	
1 1			1 1	
Sunday	Monday	Tuesday	Wednesday	Thursday
21	22	23	24	25
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Friday	Saturday	Sunday		
26	27	28		



# What are the 6 things you want your thinking hats to symbolise 1 thought per hat



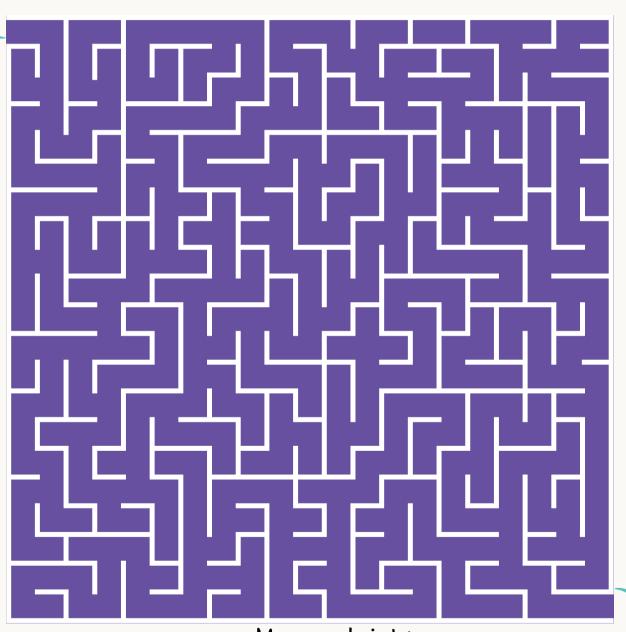


#### Find your path.

You will be one step closer.

START

Your dream \_\_\_\_\_



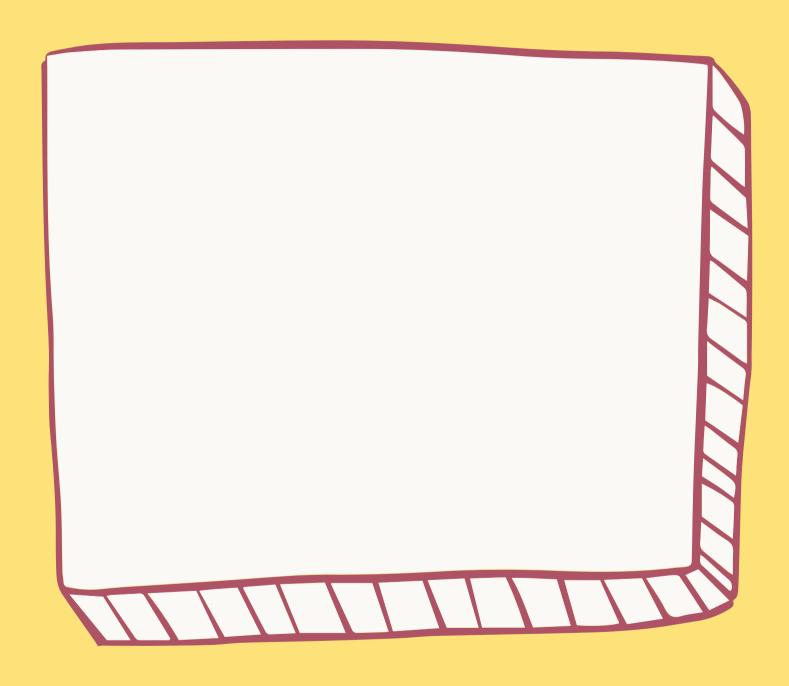
My mood right now

**END** 



#### Create a manifesto.

What ideas, thoughts, and philosophies you want to put down for this year,

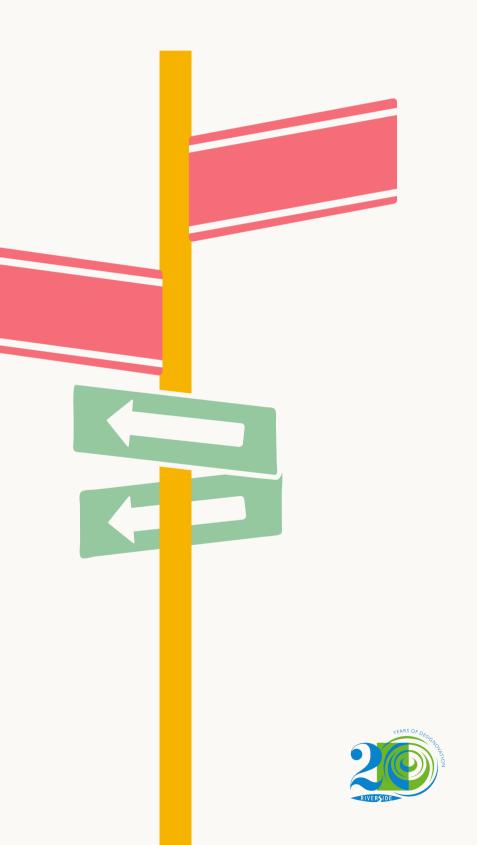




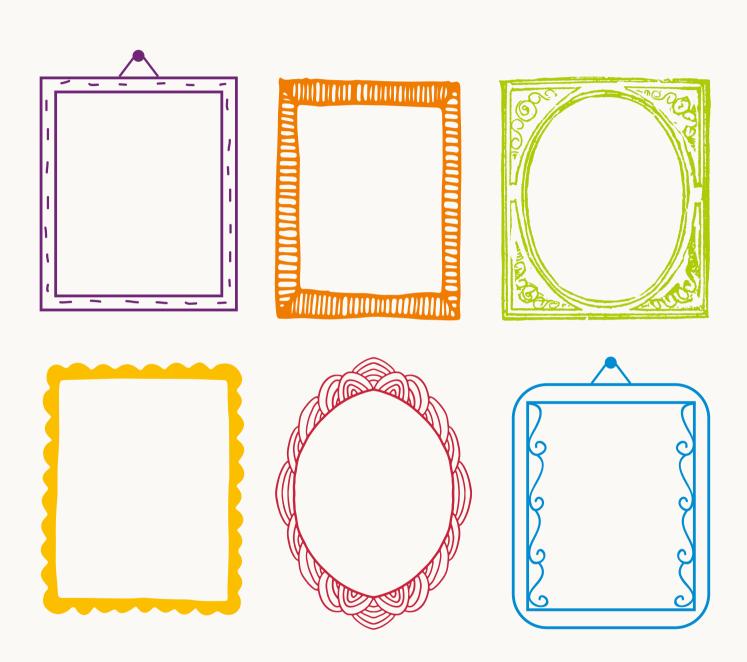
### There are things that are either / or / both ands



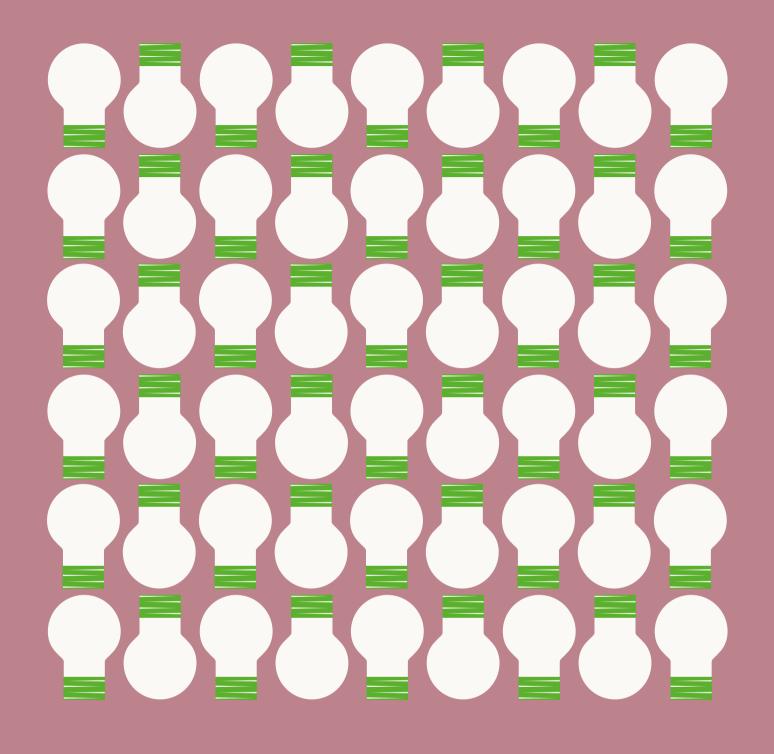
## Take a breath. Find your path. And run. List your goals for this year.



### Draw your wall of fame. Fill it with people/ideas/dreams etc.







Color your current mood



#### Family

What is your greatest motivation.?



## March

The real challenge is not planning but persisting with the plans. Let's learn to persist so that we make every dream come true.



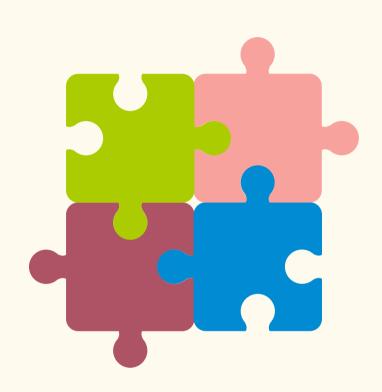
#### **March 2021**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Saturday	Sunday	Monday	Tuesday	Wednesday
6	7	8	9	10
Thursday	Friday	Saturday	Sunday	Monday
11	12	13	14	15
Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20
Sunday	Monday	Tuesday	Wednesday	Thursday
21	22	23	24	25
Friday	Saturday	Sunday	Monday	Tuesday
26	27	28	29	30
Wednesday				



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### Piece together the factors you think are important to build your best life.





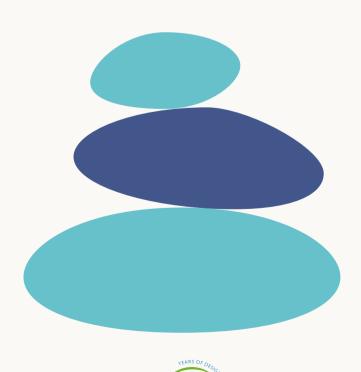
#### Keep climbing on.

Maybe add a handrail or some people and things



#### Pile up your worries.

## Then knock them down. 1 stone per worry



# Remember the beacons. Write all the beacons that are crucialto your identity.



### Make a list of all the positive words to brighten your day.

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#### Create a meal plan.

Stick to it.

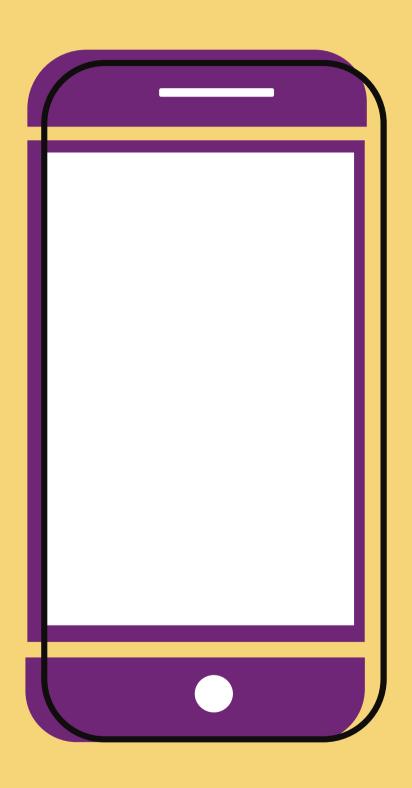


#### Things I can focus on.



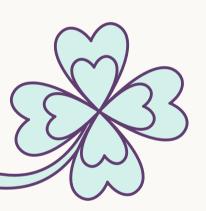


## List all the apps or websites you use to manage your day.





## Draw good luck charms. Cut them and keep it with you.





# April

Like they say don't run behind success, run behind excellence. Spend this month to become better at your craft.

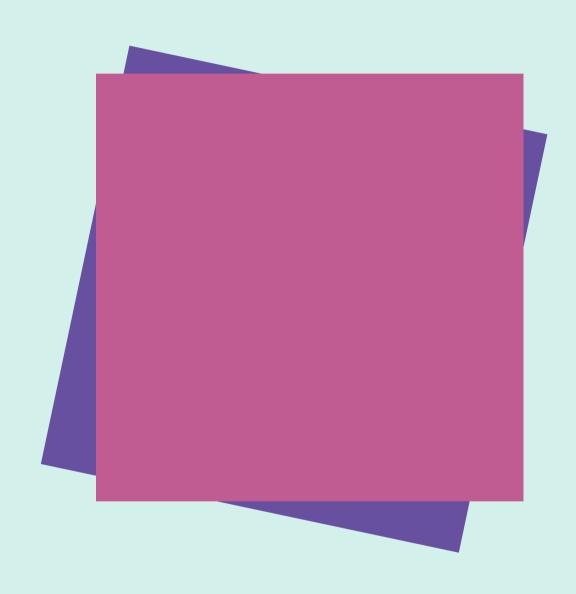


### **April 2021**

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Wednesday	Thursday	Friday	Saturday	Sunday
21	22	23	24	25
21	22	23	24	25
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	1			
Monday	Tuesday	Wednesday	Thursday	Friday
26	27	28	29	30
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## Give yourself a piece of advice. Keep it.





#### A blank page can be overwhelming.

Fill it up a bit by bit till you feel a little more relaxed.

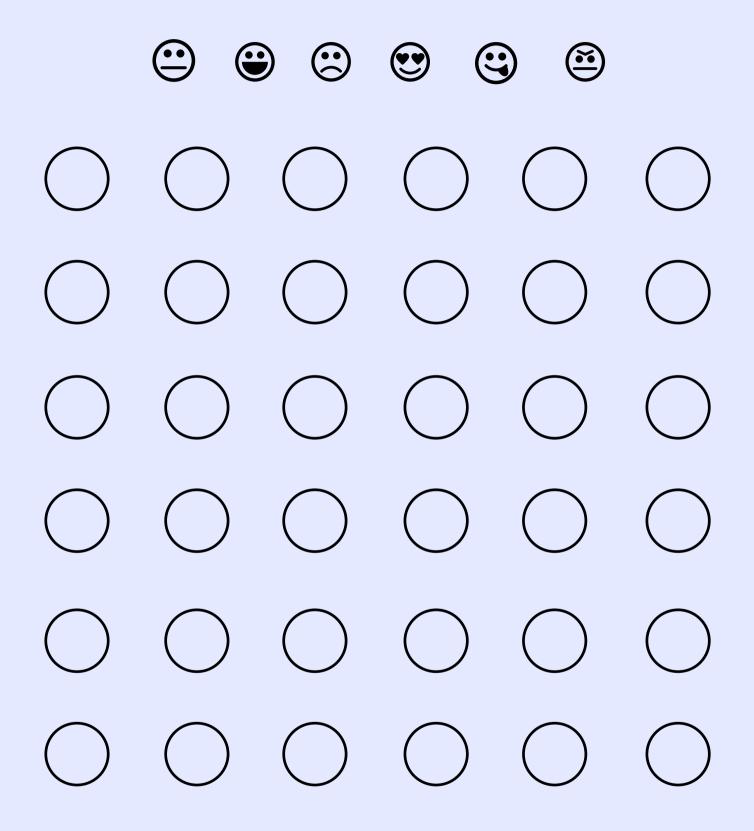


# Reflection time. Write a reflective note to yourself.

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#### How do you feel?





## "Becoming the best version of me." Write till you fill the page. Make sure you maintain consistency.



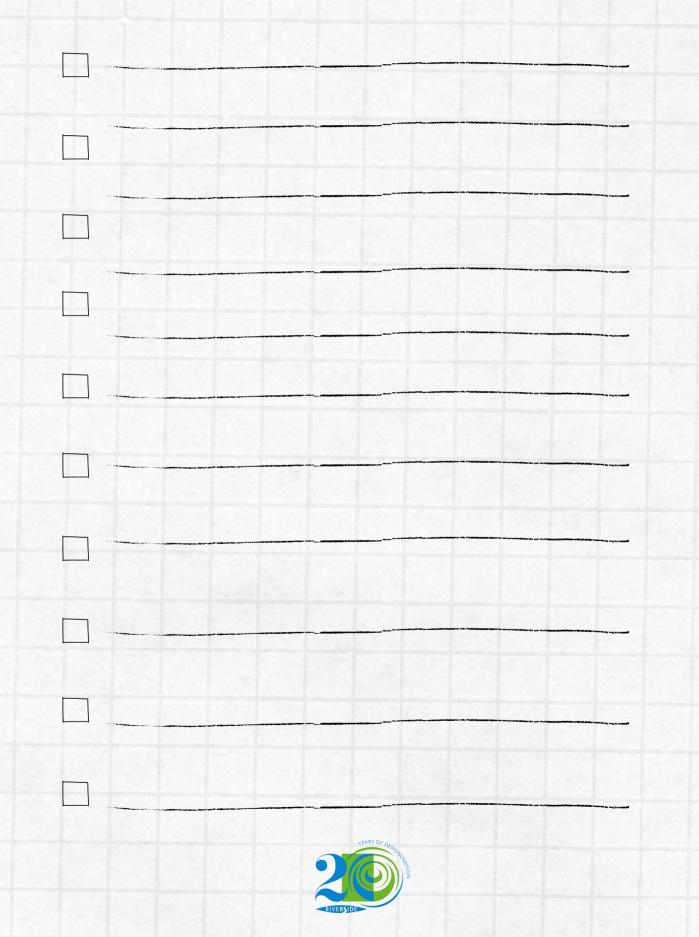
### List all the qualities you developed till today.



### Do a painting using only one stroke. Patience is key.



### List 10 things that are pending on your to-do list. Finish them now.





Give yourself as many pats on your back as you want

lotal number of pats				
Total number of pats for what				



## May

There is no maybe when you can. This month let's delete words like no, maybe, tomorrow, one day, and let's say I CAN more frequently.



### May 2021

Saturday	Sunday	Monday	Tuesday	Wednesday
1	2	3	4	5
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	1 1	1 1		
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Tuesday	Wednesday	Thursday	Friday	Saturday
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Sunday	Monday	Tuesday	Wednesday	Thursday
16	17	18	19	20
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Friday	Saturday	Sunday	Monday	Tuesday
21	22	23	24	25
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		1 1		
Wednesday	Thursday	Friday	Saturday	Sunday
26	27	28	29	30
Monday	$\overline{}$			



30

MAYBE I SHOULDN'T DO THIS. MAYBE I CANT DO THIS FROM TOMORROW. MAYBE I AM TOO YOUNG. MAYBE LATER. MAYBE PEOPLE WON'T LIKE IT. MAYBE THEY WILL CALL ME ARROGANT. MAYBE I TALK TOO MUCH. MAYBE I NEED TO SLOW DOWN. MAYBE I NEED A BREAK. MAYBE SOME OTHER DAY, MAYBE THERE IS TIME. MAYBE SOMEBODY ELSE. MAYBE I WILL LOOK LIKE FOOL. MAYBE THINGS ARE SUPPOSE TO BE THIS WAY. MAYBE I'LL NEVER LEARN. MAYBE NOT ME.

MAYBE IT'S TIME TO TEAR THIS PAGE.



### Write everything you can make out of almost nothing.

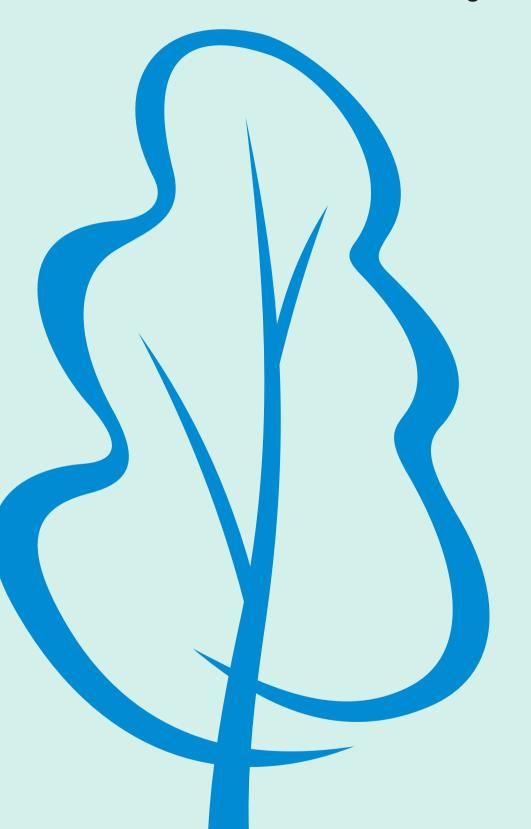
Let your imagination run wild because that's the whole point.

Wheel of a broken toy
Torn paper



Here is a tree.

Make anything grow on it.

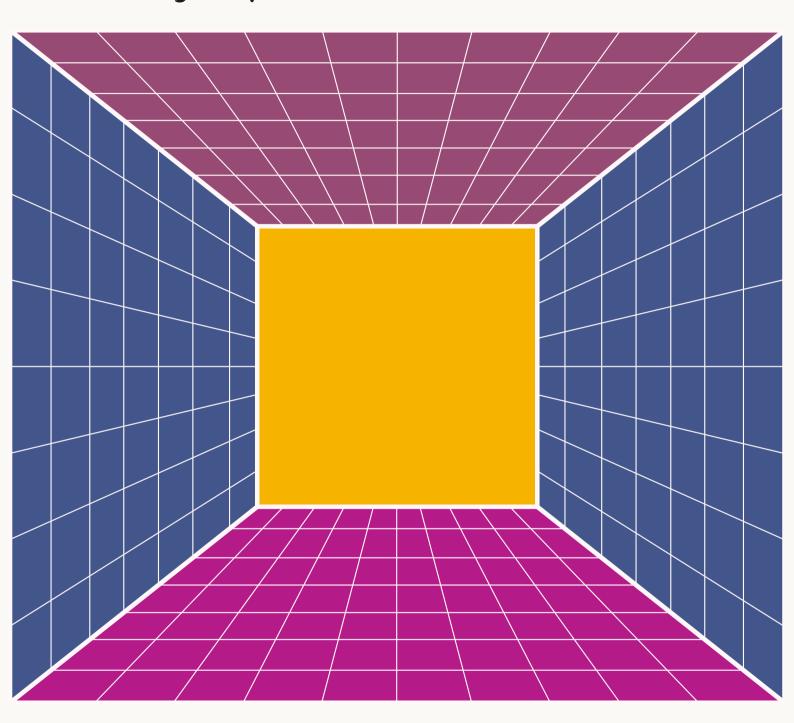




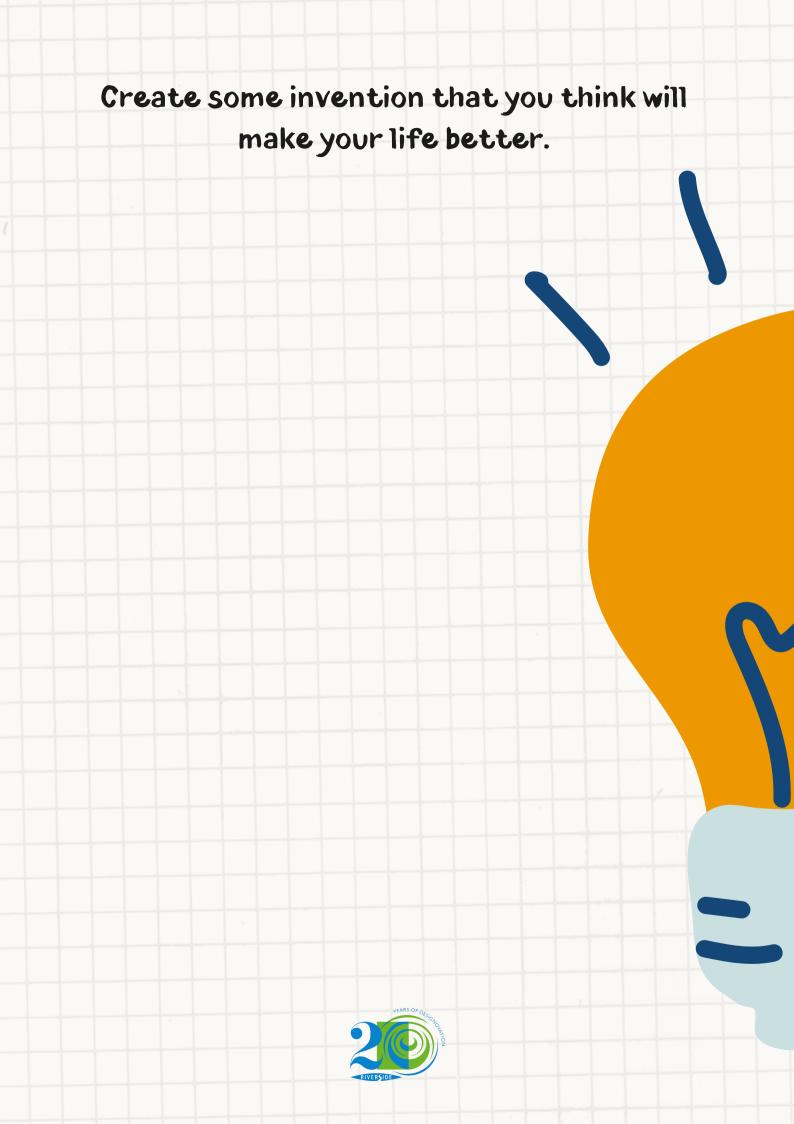
There is always light at the end of the tunnel.

Make all your problems pass through this tunnel.

Write all your problem on the walls of this tunnel.







## Meetings of the minds. Invite somebody for a coffee with you. List all the questions you want to ask them.

A Approx

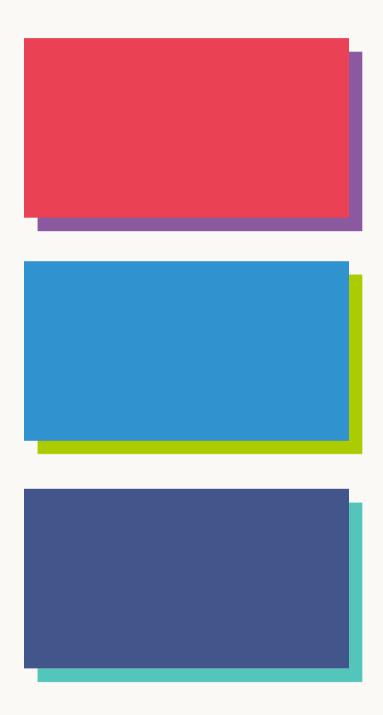


#### Tick your current mood.

Excited Low Thankful Angry Light-Cheerful Нарру Calm hearted Loving Hopeful Tense Content Rejected Sad Weird Regret Pointless Good Optimistic Grateful



#### List tools/people/information that made you aware, enabled and empowered as a person





Pin every positive thought you heard today.



### June

What is life if there are no colors, confetti, and creativity? This month explore your creative side and remember creativity got no rules.



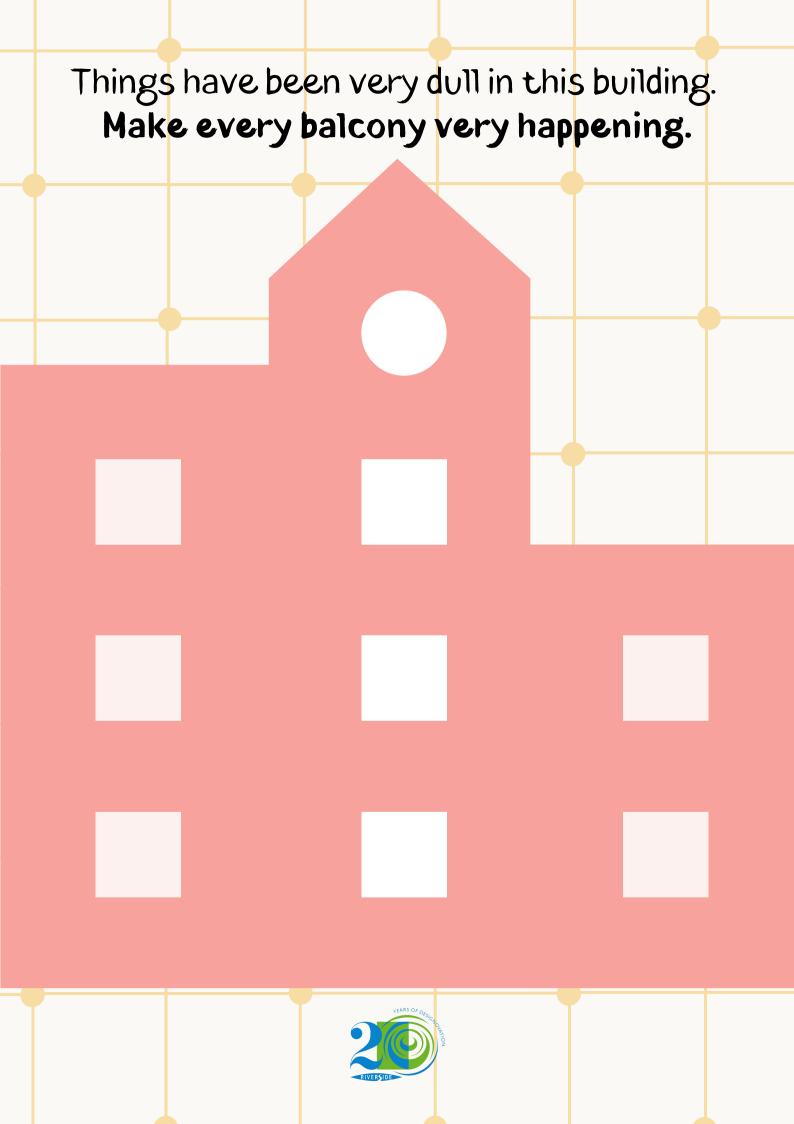
#### **June 2021**

Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5
Sunday	Monday	Tuesday	Wednesday	Thursday
6	7	8	9	10
Friday	Saturday	Sunday	Monday	Tuesday
11	12	13	14	15
Wednesday	Thursday	Friday	Saturday	Sunday
16	17	18	19	20
Monday	Tuesday	Wednesday	Thursday	Friday
21	22	23	24	Friday 25
Saturday 26	Sunday 27	Monday 28	Tuesday 29	Wednesday 30
20	21	20	23	50



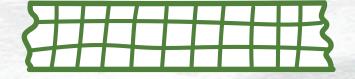
## Write your name vertically on this page. Create a Mesostic poem that symbolises you.





Set a 2
minutes
timer.
Write
everything
that comes
to your
mind when
you think of
the word
creativity.

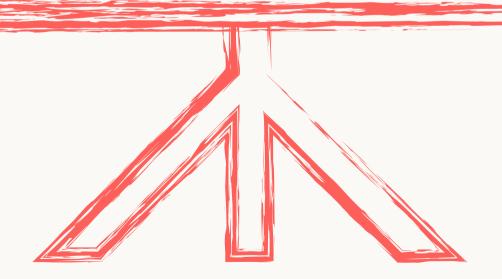




### Mood board alert. Cut, paste, color, tear - it's upto you









### This is a what-if page. Add all the what-ifs you can think of.



#### Only stick yellow things here.





#### What can you celebrate today? Hint - Celebrate everything



### Write a poem using the following words coffee, happy, superpower, summer, I CAN



### Create a to-do list in the most creative way. It will give you little motivation to finish it



## July

Even though going out can be risky but what is life without some escapism. Pause now and take a breath - there is magic in the mundane.



## **July 2021**

Thursday	Friday	Saturday	Sunday	Monday
1	2	3	4	5
Tuesday	Wednesday	Thursday	Friday	Saturday
6	7	8	9	10
Sunday	Monday	Tuesday	Wednesday	Thursday
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Wednesday 21	Thursday 22	Friday 23	Saturday 24	Sunday 25
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Monday	Tuesday	Wednesday	Thursday	Friday
26	27	28	29	30
Saturday				
31				



## Disappear from the internet for a day. Write how you felt, what you missed.





## Draw your mind. Then get lost.





Escape reality.
Write about everything
that is happening around you.
Focus on everything you didn't notice
before.



#### Wander aimlessly. Create your own path.

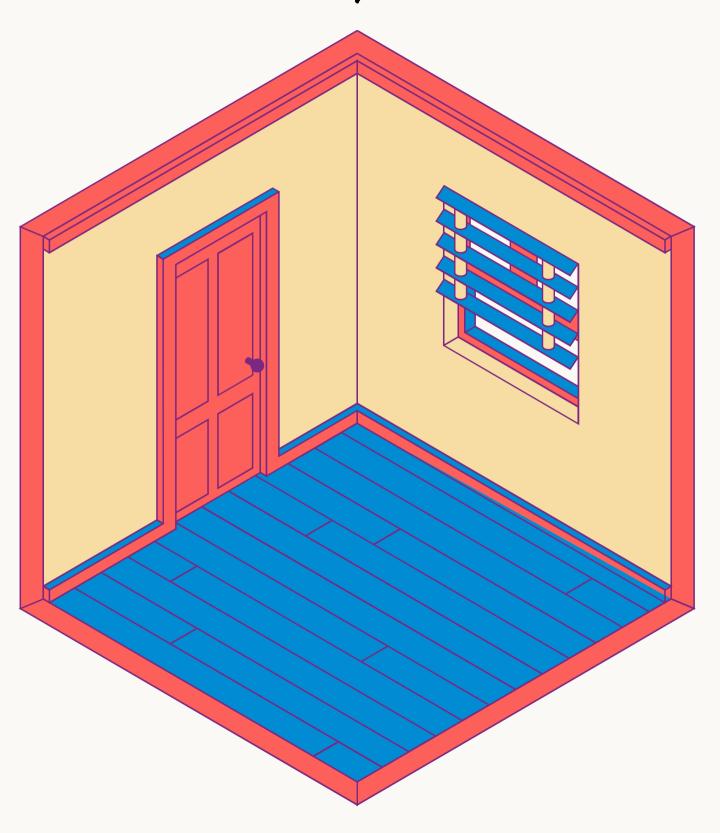


- 1. Take this page outside.
- 2. Place next to you
- 3. Close your eyes and listen.
- 4. Now write everything you heard.



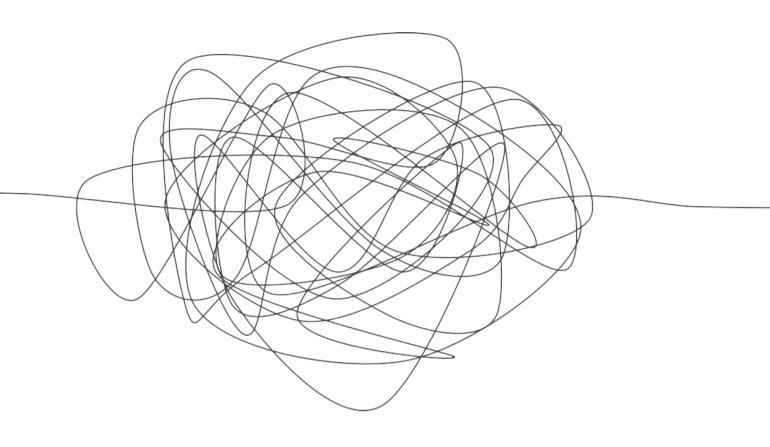
# Do the 10 Rupees Challenge today. Document it.

## Fill in this room and then escape from it.





#### Recreate these lines.





# August

So things are changing every day. It's okay... let's accept change as change is the only constant.

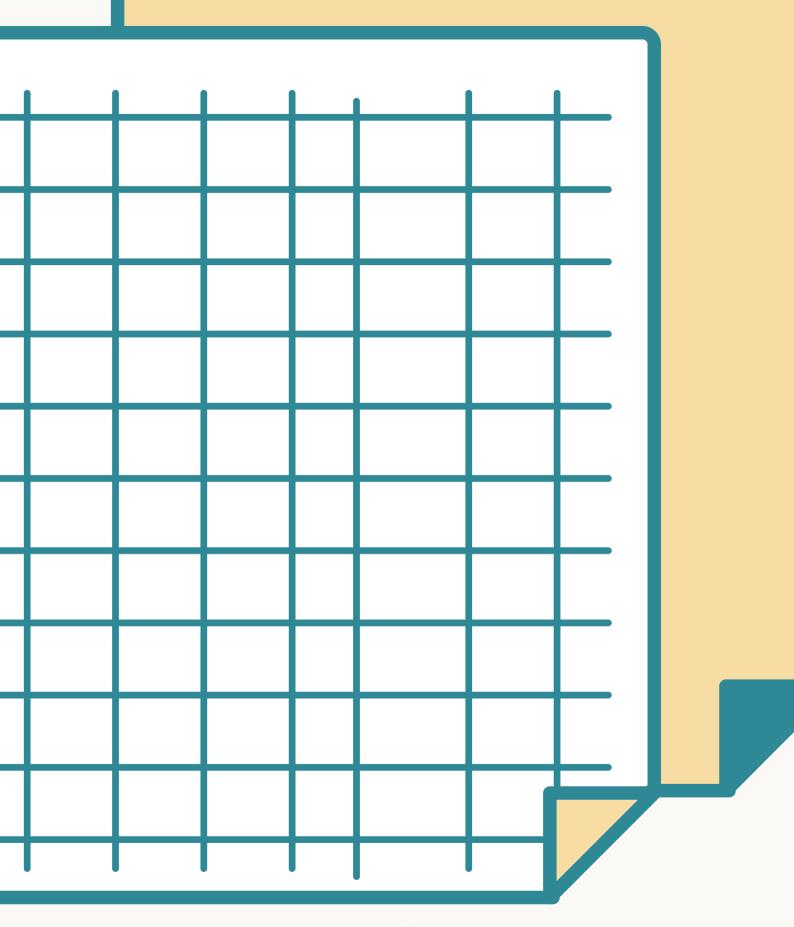


## August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday
1	2	3	4	5
Friday	Saturday	Sunday	Monday	Tuesday
6	7	8	9	10
Wednesday	Thursday	Friday	Saturday	Sunday
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Monday	Tuesday	Wednesday	Thursday	Friday
16	17	18	19	20
Saturday	Sunday	Monday	Tuesday	Wednesday
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Thursday	Friday	Saturday	Sunday	Monday
26	27	28	29	30
Tuesday				
Tuesday				



#### Show your growth graph





## What hurts you? What can you do about it?

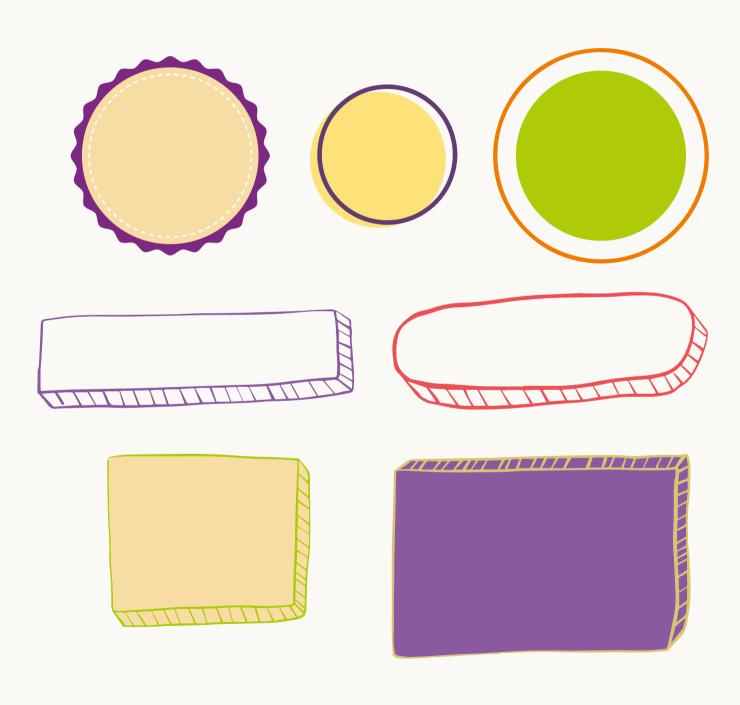


## 5 things that happened today that you didn't expect.



# Write things that kept you going this year.

Make stickers out of it.

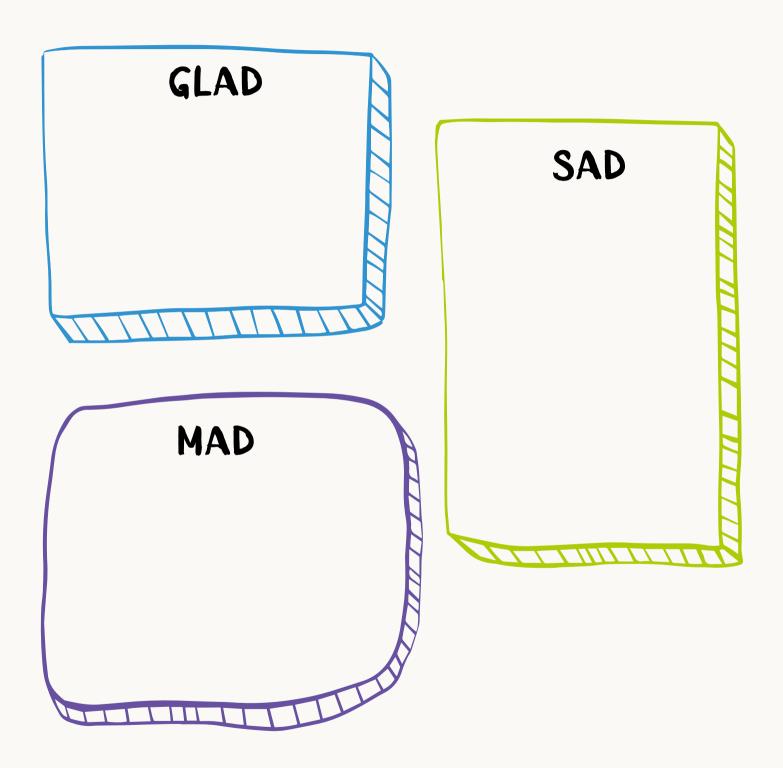




## Write something you wish to leave behind.

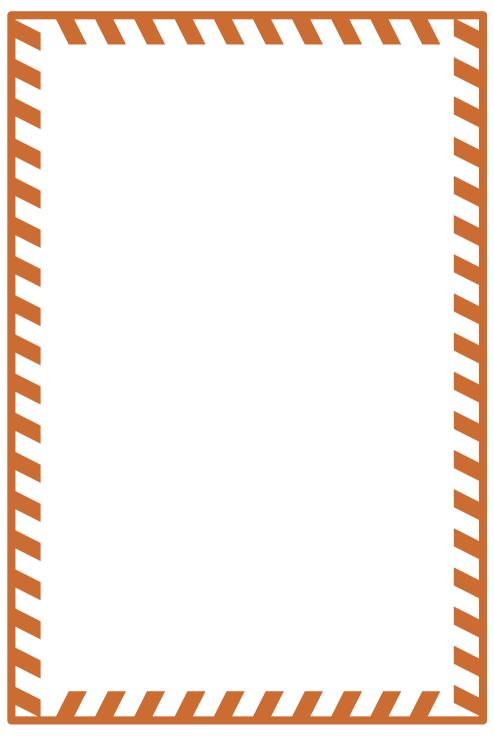


#### Fill the following





# Create a postcard. Send it to someone who needs to accept things or you can keep it for yourself.





# Emotional rant page. Write anything here. It's okay.



# September

Too many thoughts are keeping us away from our end goal. Let's regroup, let's focus. It's time to get back to the grind.



## September 2021

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Saturday	Sunday	Monday	Tuesday	Wednesday
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Thursday	Friday	Saturday	Sunday	Monday
16	17	18	19	20
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Tuesday	Wednesday	Thursday	Friday	Saturday
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Sunday	Monday	Tuesday	Wednesday	Thursday
26	27	28	29	30



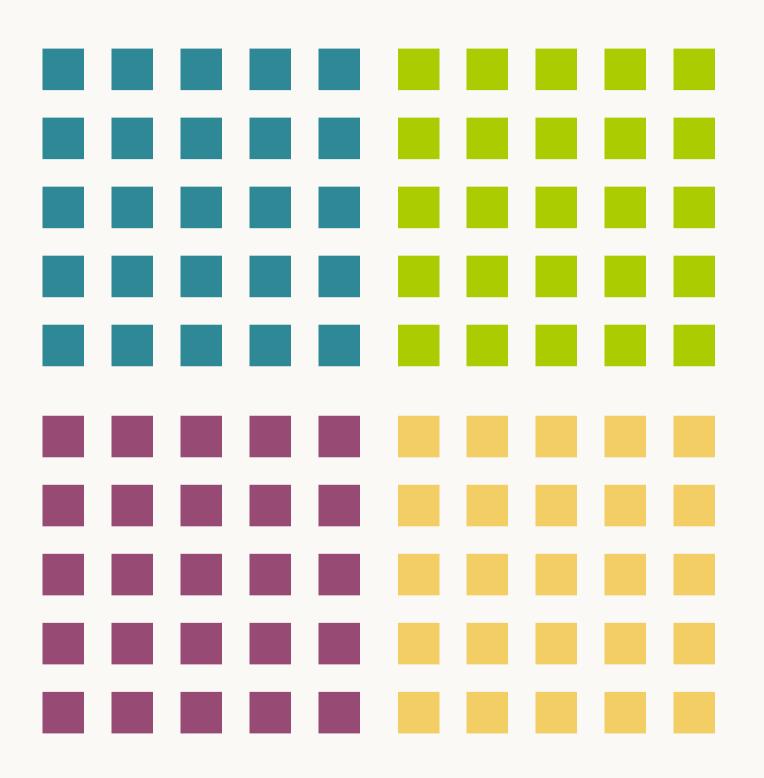
Plan for today

Plan for this week

Plan for tomorrow

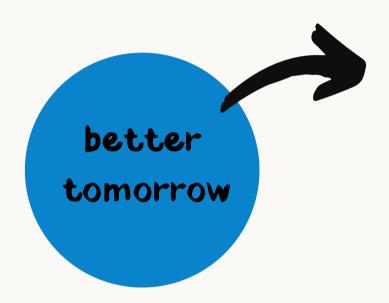


1 box = 1 taskTick as many boxes/ tasks completed today.



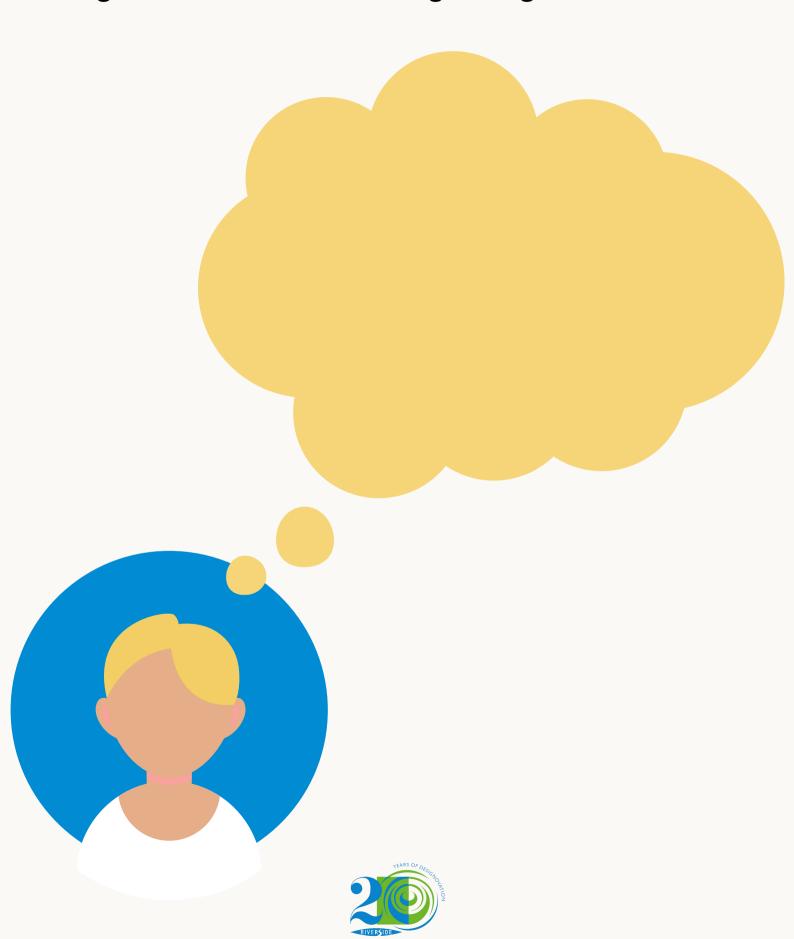


# Consider all factors that are crucial for a better tomorrow. Then select what 5 things on your priority list.





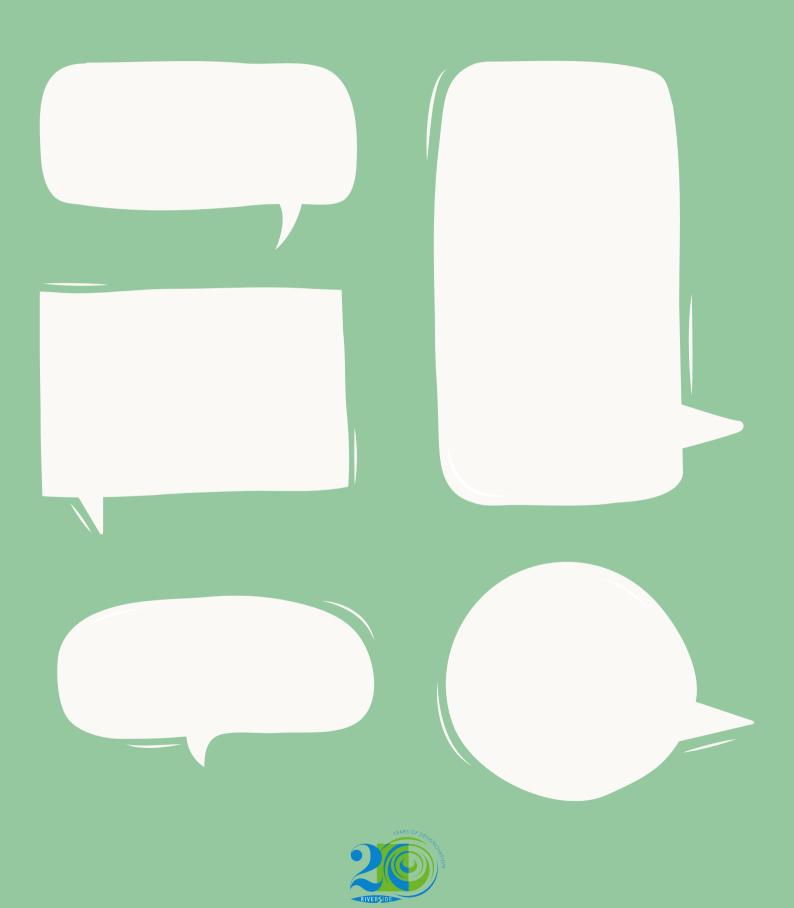
## Make him sound visionary. Try to be like him. They are your words.



# You are a superhero. Your superpower is to be focused. What all can you do with it?



Overheard conversation that motivated you. Think hard, remember it and apply.



## 10 things you must focus on

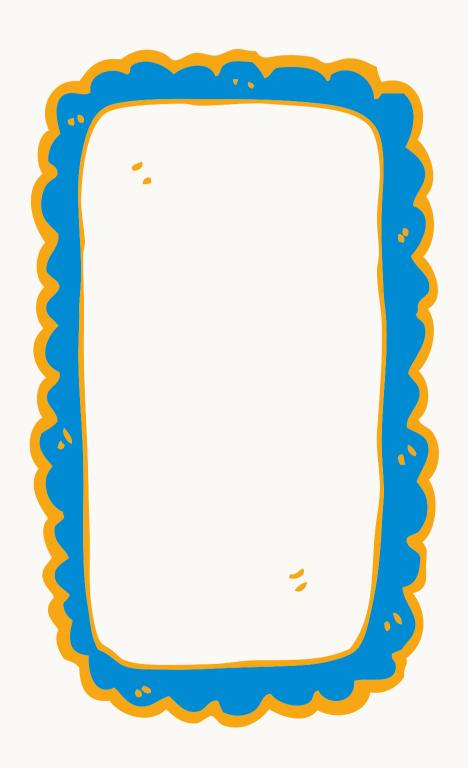
# 10 things you shouldn't focus on



Paste everything that will make you translate your plans into reality.



## How do you want people to remember you?





#### Build this half built wall.



## What's a recent accomplishment you never thought was possible.

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## October

Good going you. We are almost reaching the end of the year and it's time to take a break.

Let's rejuvenate for a better tomorrow.



#### October 2021

Friday	Saturday	Sunday	Monday	Tuesday
1	2	3	4	5
Wednesday	Thursday	Friday	Saturday	Sunday
6	7	8	9	10
Monday	Tuesday	Wednesday	Thursday	Friday
11	12	13	14	15
Saturday	Sunday	Monday	Tuesday	Wednesday
16	17	18	19	20
Thursday	Friday	Saturday	Sunday	Monday
21	22	23	24	25
Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30
Sunday				



31

#### Draw as many chill pills as you want.

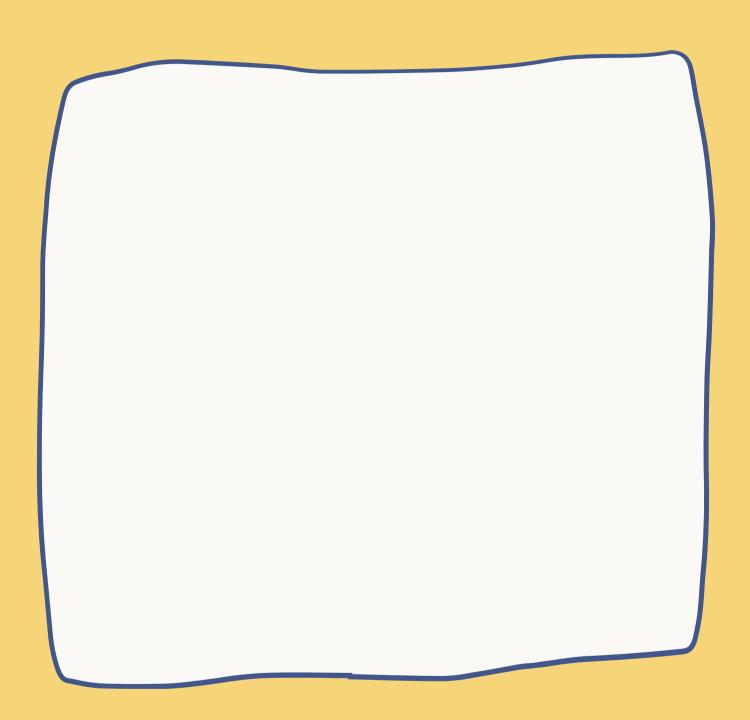
Name what you need to take these chill pills for.







#### Draw your current self.





## Fill this shopping cart with everything you need to rejuvante.

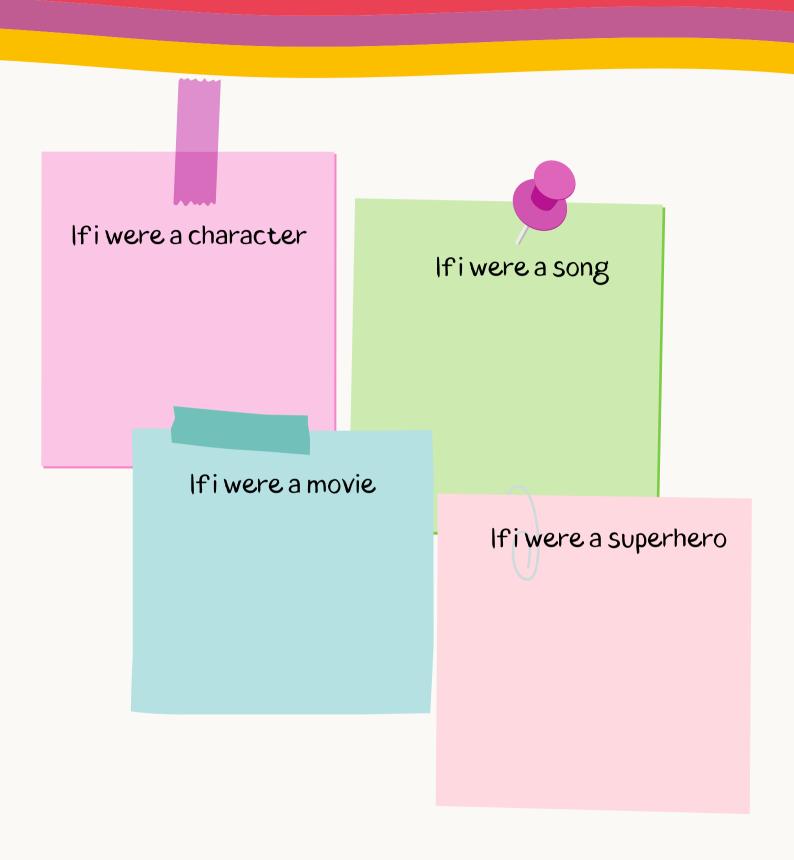




#### Do anything on this page.



#### Rejuvenate your thinking





### Write about your favorite thing to do on a holiday.

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## November

Stories are made with experiences and people.

This is your chance to recollect and be thankful to all people and experiences that made you reach here.



### November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Saturday	Sunday	Monday	Tuesday	Wednesday
6	7	8	9	10
Thursday	Friday	Saturday	Sunday	Monday
11	12	13	14	15
Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20
Sunday	Monday	Tuesday	Wednesday	Thursday
21	22	23	24	25
Friday	Saturday	Sunday	Monday	Tuesday
26	27	28	29	30



### Thank 6 people who have impacted you this year. Paste their pictures





### Fill in 3 things you are thankful for each day of the week.





### 1 negative experience you learned from.

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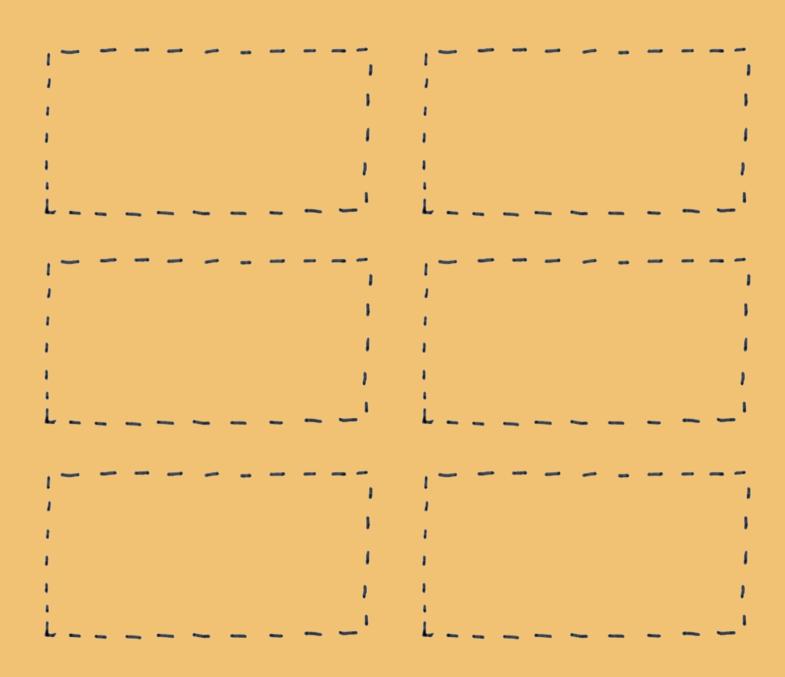


### Tell us how you use common sense into common practice in your daily life.





# Leave thank you notes in different corners of your house. Address it to each family member.





# Do something nice for a frontline worker. How did you feel? How did they feel?



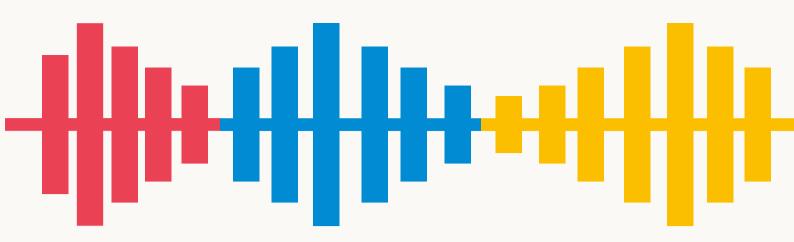




#### Tick things you are most grateful for.

☐ Good health	$\square$ Clean water
☐ Family that loves	☐ Internet
☐ Good friends	☐ Mobile phones
☐ Weekends	☐ Holidays
☐ Having a home	☐ Waking up today
☐ An ability to read	$\Box$ Grocery stores
☐ Opportunity to study	☐ Entertainment
☐ A bed to sleep	Electricity
☐ Good teachers	☐ Rights





### Create a playlist to boost someone's mood.

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## Many random acts of kindness we do involuntarily. Tick the ones you have done.

Given an unexpected compliment.	Planted a tree/plant	Stopped to assist someone who looks lost	Given an extra tip	Bought a warm meal for someone in need
Held open a door	Read to someone	Donated flowers to a nursing home	Asked someone about their day	Made someone laughed
Wrote a happy note to myself	Did 30 minutes of exercise today	Made a new friend	Participated in a charity walk or run	Picked litter off the street
Brought toys to a homeless shelter	Helped someone out groceries in their car	Made playlist for someone	Taught underprivileged children.	Washed someone's dishes
Texted someone a good morning or good night	Babysat for free	Bought an ice cream for a child	Did a chore for someone without them asking	Helped sick animals find homes



### December

We are about to enter the final chapter of 2021 Before we close the year, let's reflect upon the
love and adventures this journey has offered, and
look toward the new year with hope and
excitement!



### December 2021

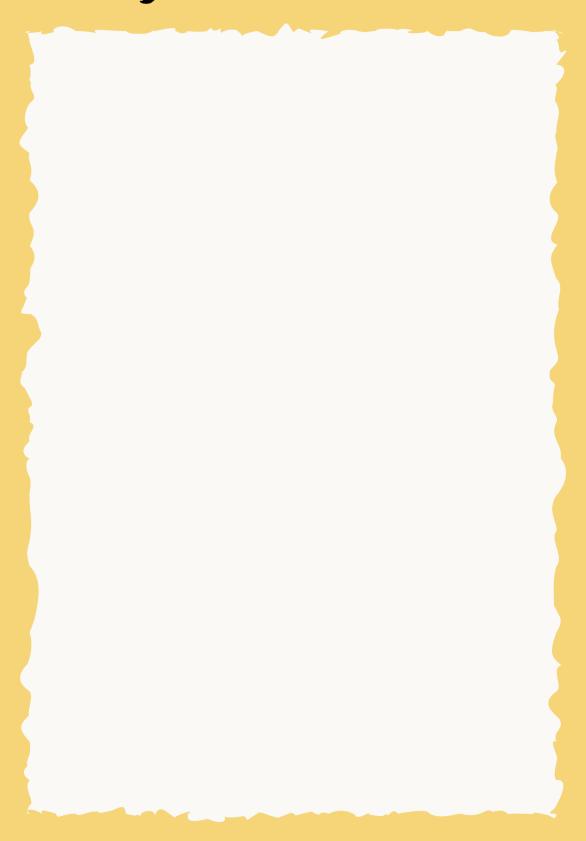
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Tuesday	Wednesday	Friday	Saturday	Sunday
21	22	23	24	25
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	1 1			
Monday	Tuesday	Wednesday	Thursday	Friday
26	27	28	29	30
Saturday				



, 31



#### Write yourself a love letter.





### Create a memory scrapbook. Paste one memory per month.



### Think of 10 positive affirmations. Say it to yourself in the mirror.





## Your 2022 wish list of things to accomplish.

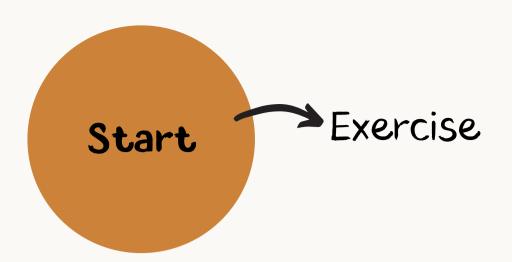


## Learn a happy dance. Teach it to your friends and family. Record it and share it online.



This year I am	
I now believe that	
I was pleasantly surprised by	
l learned	
I worked on	
2022 will be a year of	











Hope this planner helped you see 2021 in a different light.

Make 2022 as lovely as 2021.

YOU CAN.

